

registration form

Name
Address
City, Zip
Phone
Email

Registration fee for the workshop is \$25 per person/\$50 per couple. Please complete this form and return with payment to:

Aspen Counseling Services
460 N. Main Street, Suite 205
Glen Ellyn, IL 60137

Make check payable to:
Aspen Counseling Services

For further information, please contact
David Rennard @ 708.769.1509

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Glen Ellyn, IL 60137



setting
the
couples
free

helping couples heal
from sexual addiction

millions of people suffer from the assault of sexual addiction. These men and women are in your church, in your workplace, perhaps in your home. A recent survey by Christianity Today showed that 2/3 of Christian men and 40% of Christian pastors admit to struggling with internet pornography. This is a silent struggle, bringing incredible shame, despair and alienation to its victims.

Join us for a one-day workshop where we'll explore what it means to heal from the brokenness of sexual addiction in a relationship, recovery, and empathy in the coupleship, co-addiction, and disclosure to children.

**saturday,
january 15, 2011
8:30 a.m.-4:00 p.m.
blanchard alliance church
1766 s. blanchard
wheaton il**

Is sexual addiction a problem?

This screening survey was developed through the testing of thousands of sexual addicts.

An answer of 'yes' to three or more of the following questions suggests that sexual addiction may be present.

yes **no** Has there been a recurrent failure to resist sexual impulses in order to engage in a specific sexual behavior?

yes **no** Have you frequently engaged in those behaviors to a greater extent or over longer periods of time than intended?

yes **no** Have you made unsuccessful efforts to stop, reduce or control those behaviors?

yes **no** Have you spent inordinate amounts of time obtaining sex, being sexual or recovering from sexual experiences?

yes **no** Are you frequently preoccupied with sexual behavior or preparatory activity?

yes **no** Have you frequently engaged in sexual behavior when expected to fulfill other obligations related to job, school, family or friends?

yes **no** Have you continued a specific sexual behavior despite knowledge of risk to career, finances, health or relationships?

yes **no** Have you needed increased intensity, frequency, or level of risk to achieve the desired effect from a sexual behavior?

yes **no** Have you limited or missed social, recreational or occupational activities because of sexual behavior?

setting the couples free: helping couples heal from sexual addiction

one-day workshop schedule

8:30 A.M.	Registration
9:00 A.M.	Welcome and Invocation
9:15 A.M.	Sex Addiction as a Failure of Intimacy Speaker: Cynthia Power
10:00 A.M.	Break
10:15 A.M.	Co-Addiction, and What it Looks Like Speaker: Francoise Mastroianni
11:00 A.M.	Break
11:15 A.M.	Couple Healing through Creating Intimacy Speaker: David Rennard
12:00	Lunch
1:15 P.M.	Resource Presentation (Print, Web, Support Groups)
1:30 P.M.	Testimonial
2:15 & 3:15 P.M.	Afternoon Workshops (select two of the following)
	Authenticity With Each Other, FRANCOISE MASTROIANNI
	Cultivating Compassion and Empathy: Connecting With Others, DAVID RENNARD
	While We're Healing, What Do We Tell the Kids? CYNTHIA POWER
	Healthy Relationships for Couples During Early Recovery, GARY DEC
4:00 P.M.	Ending/Evaluation

speakers



Cynthia Power

LCPC, CST, CAS, CSAT-S, CCGC, CPCGC
Cindy received her MA in psychology from Indiana State University and is a Licensed Clinical Professional

Counselor. Cynthia specializes in the treatment of Process/Behavioral Addictions and is a Supervisor of therapists who are training to become certified sex/multiple addictions therapists.



Rev. David Rennard

LCSW, CSAT

David is a Licensed Clinical Social Worker and an Ordained Minister of the United Church of Christ. He is certified as a Sexual Addictions Therapist and practices psychotherapy in Glen Ellyn and Sycamore.



Francoise Mastroianni

LCPC, CADC, CEDA, CCSAT

Francoise specializes in Process/Behavioral Addictions. She has national certification in the areas of Sexual Addiction, Drug/Alcohol Abuse, and Eating Disorders. She is a level two trained EMDR specialist working with trauma victims and a level 11 relationship counselor.



Gary Dec

Psy.D., CSAT

Gary is a Licensed Clinical Psychologist and Certified Sexual Addictions Therapist, and has provided treatment for addictions and behavioral health difficulties in Wheaton and the Chicago area for over 30 years. He supports individuals, couples, and families during all phases of addiction recovery, as well as others dually diagnosed with addictions and other psychological or behavioral health difficulties.